

SWIMMING CERTIFICATION

It is acknowledged that Rowing is a water sport that carries the possibility that at some point the boat will flip or overturn and thereby spill the rower(s) into the water.

Therefore, the ability to swim is essential to the activity of rowing.

The undersigned certifies that he/she is in good physical condition and has the ability to swim at least 100 yards without the aid of a flotation device and can also tread water for at least 10 minutes in typical rowing clothes.

NAME

DATE

Note: This swimming certification language has also been added to the CRC Membership Application.